

LOVE AND LOGIC

Teaching Children Responsibility

Colorado Springs Charter Academy has implemented a school-wide discipline plan based on the **Love and Logic** Core Beliefs. The Love and Logic model incorporates discipline, responsibility, and academic achievement using research-driven solutions for creating responsible children. This plan mirrors the philosophy of Colorado Springs Charter Academy's "no excuses" core values.

Love and Logic parenting materials are available in the library to be checked out by parents. The following list of core beliefs outlines the professional actions and attitudes of all staff members in CSCA.

- ✓ Every attempt will be made to maintain the dignity and self-respect of students and teachers.
- ✓ Students will be guided and expected to solve their problems or the ones they create, without creating problems for anyone else.
- ✓ Students will be given opportunities to make decisions and live with the consequences, be they good or bad.
- ✓ Misbehavior will be handled with natural or logical consequences, instead of punishment, whenever possible.
- ✓ Misbehavior will be viewed as an opportunity for individual problem solving and preparation for the real world as opposed to a personal attack on school or staff.
- ✓ Students are encouraged to request a "due process" hearing with the teacher whenever consequences appear to be unfair.
- ✓ School problems will be handled by school personnel. Criminal activity will be referred to the proper authorities. (Criminal activity includes, but is not limited to, bringing a weapon to school, threats of any type, sexual harassment, etc.).

By families considering the use of Love and Logic at home, we can reinforce the efforts made here at school, and streamline messages sent to students.

Rules of Love and Logic

Rule #1

Set **firm limits in loving ways** without:

- Anger
- Lecture
- Threats

Rule #2

When a child causes a problem, the adult hands it back in loving ways. **Learn** to use...

- ✓ **Choices** with limits
- ✓ **Enforceable statements**
- ✓ **Consequences** provided that are delayed/extended
- ✓ **Adult empathy** before the consequences are delivered

Genuine Empathy:

- "How sad"

- “I bet that hurts”
- “Bummer”
- “How awful”
- “Oh, this is hard”

Confidence in talking about consequences

- The best consequences are those that fall naturally. When no consequences occur naturally, imposed consequences must:
 1. be enforceable
 2. fit the crime
 3. be laid down firmly in love
- It is OK to say:

“I’m not sure what to do about this right now, but I will let you know”.

Use Thinking Words vs. Fighting Words

Fighting words:

“No, you can’t go out to play until you do your homework”

Thinking words:

“Yes, you may go out to play as soon as your homework is done”

Fighting words:

“No, you cannot watch television until your chores are done”

Thinking words:

“Yes, you can watch television as soon as your chores are done”

Offering of Choices

- ✓ Never give a choice that might cause a **problem for you** or others.
- ✓ Give only **two options**, each of which will be OK with you.
- ✓ If the child does not decide in **20 seconds**, decide for them.

Allow for the child to solve the problem or not solve it

- “Good luck, I hope it works out.”
- Have no fear, if the child is fortunate enough to make a poor choice, he/she may have a double learning lesson.

Self Esteem Builders

- ✓ Focus on the child’s strengths.
- ✓ Expect children to work for most of the things they want.
- ✓ Set loving limits and expect their children to behave.
- ✓ Guide their children to own and solve the problem.
- ✓ Avoid lectures and repeated warnings.

Parenting with Love and Logic

Teaching Children Responsibility

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www.loveandlogic.com

